

**Lunch Menu**  
(Serving from 12 noon to 3 pm)

**Soup, Sandwiches & Salads**

<b>House Made Soup of the Day</b>	€7	<b>6oz Sirloin Steak Sandwich</b>	€17.5
<i>Served with our Guinness and Walnut Bread (1, 2 Wheat, 8, 13)</i>		<i>Toasted Ciabatta, Rocket, Mustard Mayo, Tobacco Onion Served with Skinny Fries (2 Wheat, 3, 8, 12, 13, 14)</i>	
<b>Wrights of Marino Seafood Chowder</b>	€9	<b>Spinach &amp; Ricotta Tortellini</b>	€15
<i>Served with our Guinness and Walnut Bread (1, 2, 4, 5, 6, Wheat, 13)</i>		<i>Basil &amp; Parmesan Cream and Garlic Bread (2 Wheat, 3, 8, 12, 13, 14)</i>	
<b>Warm Salad of Quinoa &amp; Butternut Squash</b>	€13	<b>Sweet Potato, Chickpea and Lentil Curry</b>	€15
<i>Tender Stem Broccoli, Mixed leaves, Toasted Sunflower Seeds and Pomegranate Seeds (12, 13)</i>		<i>Served with Crunchy Kimchi and Avocado (12, 13)</i>	
<b>Classic Caesar Salad</b>		<b>Warm Salmon Niçoise</b>	€16
<i>Crispy Bacon, Baby Gem, Parmesan, Herb Croutons, Add Chicken or Prawns (2 Wheat, 3, 4, 8, 12, 13, 14)</i>	<b>Starter €10/14</b> <b>Main €14/18</b>	<i>Warm baby potatoes, Green beans, Olives, Egg, Baby Gem, Confit Cherry Tomatoes (3, 8, 13)</i>	
<b>Roast Figs &amp; Fivemiletown Goat's Cheese</b>	€13	<b>Fish &amp; Chips</b>	€17
<i>Organic Beetroot, Herb Croutons, Baby Leaves, Candied Pecans (2 Wheat, 3, 8, 12, 13, 14)</i>		<i>Tempura Fillet of Haddock, Pea Puree, Tartare Sauce and Crispy Chunky fries (2 Wheat, 4, 8, 12, 13, 14)</i>	
<b>Open Wrights Of Marino Smoked Salmon</b>	€14		
<i>with Smashed Avocado with Guinness Bread and a Caper Aioli &amp; Pickled Red Onions (2 Wheat, 3, 4, 8, 9, Walnuts, 12, 13, 14)</i>			
<b>Open Poached Chicken &amp; Chive Mayo</b>	€12		
<i>on Homemade Treacle Soda Bread served with a Light Seasonal Salad (2 Wheat, 3, 8, 12, 13, 14)</i>			
<b>Toasted Triple Decker, Dubliner Cheddar &amp; Limerick Baked Ham on Sourdough</b>	€9		
<i>Dressed Leaves &amp; Skinny Fries (8, 12, 13, 14)</i>			

**Side Orders**

<b>Skinny Fries</b>	€4
<b>Chunky Fries</b>	€4
<b>Sweet Potato Fries</b>	€4
<b>Seasonal Side Salad</b>	€4
<i>with House dressing (12,13,14)</i>	
<b>Tender Stem Broccoli</b>	€4
<i>with Almond Butter (8,9 Almonds)</i>	

**Main Course**

<b>Mexican Chicken Burger</b>	€16
<i>Chorizo, Smashed Avocado, Spinach &amp; Lime Mayo on a Toasted Waterford Blaa Served with Skinny Fries (2 Wheat, 3, 8, 12, 13, 14)</i>	
<b>The Castle Beef Burger</b>	€16
<i>8oz Grilled Beef Patty Topped with Classic American cheese, Gherkin and Grilled Bacon served with Skinny Fries (2 Wheat, 3, 8, 12, 13, 14)</i>	

**ALLERGENS:**

- 1.Celery
- 2.Cereals
- 3.Eggs
- 4.Fish
- 5.Crustacean
- 6.Molluscs
- 7.Lupin
- 8.Milk
- 9.Nuts (By Name)
- 10.Peanuts
- 11.Sesame
- 12.Soya
- 13.Sulphur Dioxide
- 14.Mustard

## Kids Menu

<b>Sausage &amp; Skinny Fries</b> <i>(2 Wheat, 12, 13)</i>	€7
<b>Chicken Tenders &amp; Skinny Fries</b> <i>(3, 8)</i>	€7
<b>Chicken Tenders &amp; Cheddar Wrap Served with Skinny Fries</b> <i>(2 Wheat, 3, 8)</i>	€7
<b>Penne Pasta</b> <b>Served with Tomato Sauce, Plain or with Cheddar Cheese</b> <i>(2 Wheat, 3, 8)</i>	€7

## Kids Dessert Menu

<b>Chocolate Chip Cookie</b> <i>(2 Wheat, 3, 8, 9 traces of Nuts)</i>	€3
<b>Jelly &amp; Ice Cream</b> <i>(3, 8, 9 traces of nuts)</i>	€3
<b>Knickerbocker Glory</b> <i>(3, 8, 9 traces of nuts)</i>	€3

## Sweet Treats

<b>Warm Chocolate Brownie</b> <i>Salted Caramel Ice-Cream</i>	€8
<b>Apple &amp; Berry Crumble</b> <i>Creme Anglaise and Vanilla Ice-Cream</i>	€8
<b>Pineapple and Coconut Sundae</b> <i>Selection of Artisan Ice-Creams, Ginger Biscotti, Malibu Infused Pineapple</i> <i>(2 Wheat, 3, 8, 9 traces of nuts)</i>	€9
<b>Artisan Cheese selection</b> <i>Fig Chutney and Sheridan's Water Biscuits (1, 2 Wheat, 8, 12, 13)</i>	€11

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