

The Club, Fitzpatrick's Castle Hotel: Pool Timetable From September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY & Bank Holidays
7.00 to 10.00 am Adult	7.00 to 10.00 am Adult	7.00 to 10.00 am Adult	7.00 to 10.00 am Adult	7.00 to 10.00 am Adult	8.00 to 9.30 am Adult	08.00 to 9.30 am Adult
10.00 to 12.00 pm Family	10.00 to 12.00 pm Family	10.00-12.00 (turtle tots) Section of shallow end restricted! 10.00 to 12.00 pm Family	10.00 to 12.00 pm Family	10.00 to 12.00 pm Family	9.30-12.00 (turtle tots) Section of shallow end restricted! 9.30 to 12.00 pm Family	9.30 to 12.00 pm Family
12.00 to 2.30 pm Adult (12.00 to 12.40 Aqua Fit)*	12.00 to 2.30 pm Adult	12.00 to 2.30 pm Adult	12.00 to 2.30 pm Adult (12.00 to 12.40 Aqua Fit)*	12.00 to 2.30 pm Adult	12.00 to 2.00 pm Adult	12.00 to 2.00 pm Adult
2.30 to 3.45 pm Family	2.30 to 3.45 pm Family <small>Half pool open till 4.30 shallow end closed for lesson</small>	2.30 to 3.30 pm Lessons 3.30 to 5.00 pm Family	2.30 to 4.15 pm Family	2.30 to 5.00 pm Family	2.00 to 6.00 pm Family	2.00 to 6.00 pm Family
3.45 to 6.45 pm Lessons	3.45 to 6.45 pm Lessons	5.00 to 6.00 pm Adult	4.15 to 6.45 pm Lessons	5.00 to 6.00 pm Adult	6.00 to 9.00 pm Adult	6.00 to 9.00 pm Adult
6.45 to 7.30 pm Family	6.45 to 7.30 pm Family	6.00 to 7.00 pm Family	6.45 to 7.30 pm Family	6.00 to 7.30 pm Family		
8.00 to 8.40 pm Aqua Fit*	7.30 to 10.00 pm Adult	7.00 to 10.00 pm Adult	7.30 to 10.00 pm Adult	7.30 to 10.00 pm Adult		
7.30 to 10.00 pm Adult						

- **AQUA AEROBICS – RESTRICTED SWIMMING (PLEASE NOTE THAT MUSIC WILL BE PLAYED FOR THE DURATION OF THE CLASS)**

- **PLEASE NOTE : ADULT SWIMS, HEALTH SUITE & HOT TUB ARE STRICTLY FOR PERSONS 16 YEARS & OVER. SWIM CAPS MUST BE WORN IN POOL.**

Timetable subject to change. To avoid disappointment, please check with the Club reception on ext. 561 to ensure you have the most up to date timetable information.