

## The Club, Fitzpatrick's Castle Hotel: Pool Timetable From September 9<sup>th</sup>, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY & Bank Holidays
6.30 to 10.00 am <b>Adult</b> <i>[6.30 to 9.00am Lane Swimming]</i>	6.30 to 10.00 am <b>Adult</b> <i>[6.30 to 9.00am Lane Swimming]</i>	6.30 to 10.00 am <b>Adult</b> <i>[6.30 to 9.00am Lane Swimming]</i>	6.30 to 10.00 am <b>Adult</b> <i>[6.30 to 9.00am Lane Swimming]</i>	6.30 to 10.00 am <b>Adult</b> <i>[6.30 to 9.00am Lane Swimming]</i>	8.30 to 9.30 am <b>Adult</b>	08.30 to 9.30 am <b>Adult</b>
10.00 to 12.00 pm <b>Family</b>	10.00 to 12.00 pm <b>Family</b>	10.00-12.00 (turtle tots) Section of shallow end restricted! 10.00 to 12.00 pm <b>Family</b>	10.00 to 12.00 pm <b>Family</b>	10.00 to 12.00 pm <b>Family</b>	10.00-12.00 (turtle tots) Section of shallow end restricted! 9.30 to 12.00 pm <b>Family</b>	9.30 to 12.00 pm <b>Family</b>
12.00 to 2.30 pm <b>Adult</b> (12.00 to 12.45 Aqua Aerobics)*	12.00 to 2.30 pm <b>Adult</b>	12.00 to 2.30 pm <b>Adult</b>	12.00 to 2.30 pm <b>Adult</b> (12.00 to 12.45 Aqua Aerobics)*	12.00 to 2.30 pm <b>Adult</b>	12.00 to 2.00 pm <b>Adult</b>	12.00 to 2.00 pm <b>Adult</b>
2.30 to 3.45 pm <b>Family</b>	2.30 to 3.45 pm <b>Family</b> <small>Half pool open till 4.30 shallow end closed for lesson</small>	2.30 to 3.30 pm <b>Lessons</b> 3.30 to 5.00 pm <b>Family</b>	2.30 to 4.15 pm <b>Family</b>	2.30 to 5.00 pm <b>Family</b>	2.00 to 6.00 pm <b>Family</b>	2.00 to 6.00 pm <b>Family</b>
3.45 to 6.45 pm <b>Lessons</b>	3.45 to 6.45 pm <b>Lessons</b>	5.00 to 6.00 pm <b>Adult</b>	4.15 to 7.30 pm <b>Lessons</b>	5.00 to 6.00 pm <b>Adult</b>	6.00 to 8.30 pm <b>Adult</b>	6.00 to 8.30 pm <b>Adult</b>
6.45 to 7.30 pm <b>Family</b>	6.45 to 7.30 pm <b>Family</b>	6.00 to 7.00 pm <b>Family</b>	7.30 to 10.30 pm <b>Adult</b>	6.00 to 7.30 pm <b>Family</b>		
8.00 to 8.45 pm Aqua Aerobics*	7.30 to 10.30 pm <b>Adult</b>	7.00 to 10.30 pm <b>Adult</b>		7.30 to 10.30 pm <b>Adult</b>		
7.30 to 10.30pm <b>Adult</b>						

- AQUA AEROBICS – RESTRICTED SWIMMING (ONE LANE, PLEASE NOTE THAT MUSIC WILL BE PLAYED FOR THE DURATION OF THE CLASS)
  - **PLEASE NOTE : POOL CLOSED DURING SWIMMING LESSONS. ADULT SWIMS ARE STRICTLY 16 YEARS & OVER.**

Timetable subject to change. To avoid disappointment, please check with the Club reception to ensure you have the most up to date timetable information.